



*Weston Mill Community Primary School*

# SEX AND RELATIONSHIPS EDUCATION POLICY

Approved and signed by Governors: .....

Dated: .....

October 2015

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## 1. Rationale

This policy has been written to meet the Government's requirement to provide a written statement outlining the organisation and content of sex education within the school's curriculum.

## 2. Philosophy

Weston Mill Community Primary school aims to provide a caring environment in which each child may experience high standards of education and preparation for the future, working in partnership with parents and the wider community.

We believe that teaching and learning should take place within a climate of trust, mutual respect and responsibility.

SRE includes the three interdependent elements of knowledge, personal and social skills and attitudes and values (including emotions). It starts with the delivery of PSME at the Foundation Stage and is taught in a spiral curriculum through areas of Science, PSHME and PE in Key Stages 1 and 2.

## 3. Objectives and Aims of the Policy

- To enable children to understand the main stages of the human lifecycle and to use appropriate language in discussing issues of sexuality.
- To support and guide children in their social and sexual development.
- To develop emotional intelligence and self-esteem.
- To nurture a responsible attitude towards personal relationships, including aspects of mutual respect and care, and to develop sensitivity towards the needs of others.
- To inform children on matters of personal hygiene and related health issues and to emphasise the need for safety.
- To provide opportunities for the consideration of personal values and engender respect for other points of view.
- To reassure children of their self-worth and empower them to make informed choices about sex and relationships.

## 4. Moral and Values Framework

The Sex and Relationship Education Policy is sensitive to the established morals of the major world religions and philosophies. It is complementary to the Religious Education

policy of the school and will support and supplement the PSME, SEN and Inclusion policies.

## 5. Social, Ethnic and Religious Mix of the School

We aim to fulfil the educational needs of as wide a group of children as are represented in our school community, acknowledging that children may represent different social, ethnic and religious values, beliefs and customs.

Issues that have been considered can be contained under the following broad headings:

- Parents' right to withdraw children from sex education lessons
- Use of external visitors
- Involving members of the local community
- Ideas for consulting and involving parents and guardians
- Teacher responsibility
- Resources

## 6. Implementation of Practice

All class teachers teach factual content and other members of staff should be able to answer direct questions and be aware of the Sex Education Policy.

The School Nurse will be involved on an annual cycle with sessions for older pupils. The Life Education Team provides input each year and deals with general health awareness issues that may be related to SRE. The school receives support also from the Youth Enquiry Service.

## 7. Training Provision

There will be regular INSET and awareness sessions for staff, when required.

## 8. Methodology and Approach

There is a whole school approach from Foundation to Year 6. The subject is taught in a cross-curricular way, encompassing all elements in the National Curriculum and expanding broadly into human relationships, physical and emotional development, reproduction and the risks and responsibilities of sexual activity.

Teachers aim to answer children's questions in an open and factual way without entering into discussions about personal issues or making value judgements on lifestyles. Sex education lessons are taught in mixed classes, with the exception of special discussion sessions lead by the School Nurse for pupils in Years 5 and Year 6. These take place annually and deal with the specific concerns of boys and girls at puberty.

## 9. Curriculum Entitlement

Due to the cross-curricular nature of the subject, SRE is taught and discussed when it arises in topic work. "One-off" lessons are the exception rather than the norm (see paragraph Child Withdrawal Procedure). Children who may have special needs relating to sex education have their needs addressed within class or, where appropriate, on a one to one basis.

## 10. Child Withdrawal Procedure

As the school takes a cross-curricular approach to learning, it is not possible to "pigeon-hole" all lessons containing elements of SRE. However, on specific occasions when health professionals are invited to lead a lesson in the presence of the class teacher, notification will be sent to parents in advance. Parents are invited to discuss concerns with the Headteacher if they wish to withdraw their child from class.

In the event of a child being withdrawn, that child will remain in school and be assigned to another class for the duration of the session.

## 11. Child Sex Abuse Procedure

The Child Protection Procedures as laid down by the LA will be followed if concerns arise. Teachers and support staff will listen sympathetically without pre-judging any situation if a child shares a confidence. However, confidentiality should not prevent action if a child is potentially "at risk". Specific concerns should be reported to the Headteacher who is the school's Child Protection Officer.

## 12. Complaints Procedure

Parents with cause for concern about this policy are welcome to come into school to resolve the problem with the Headteacher and staff. In the unlikely event that the concern cannot be dealt with, the Governors and, finally, the LA can be contacted.

## 13. Procedures for Reviewing Effectiveness

The Governors and staff will review the effectiveness of the programme annually. Parents are invited to comment on aspects of SRE at any time.

## 14. Working with Parents

Weston Mill Community Primary School aims to work with and support parents in their role as educators in matters relating to their children's sex education. This policy is available for all parents so that they are aware of our programme of study and are able to contribute to the review of policy.

## 15. Dissemination of the Policy

*The policy will be presented to all staff for discussion and copies will be available from the Headteacher for Governors and parents.*

## 16. General Content Headings for SRE

Governors and staff will take care that teaching material used will be of high quality and appropriate to the needs and ages of pupils.

The content outline is as follows;

### Family Life

Information about many family patterns to include  
single parents, extended families, gay parents and  
different religious and cultural backgrounds

### *The Human Body*

*Biological information including that about sexual responses and emotion.  
Human development. Childhood and ageing, puberty, adulthood,  
menstruation and the menopause (to include hygiene) Reproduction,  
conception, pregnancy, birth, childcare, parenthood and contraception*

### Risks

Awareness of possible associated risks e.g. unwanted  
pregnancy, sexually transmitted diseases (including  
HIV and AIDS), information on how to resist unwanted sexual advances

*See below for other terminology to be used during teaching and discussions.*

## 17. Terminology

While most young children are used to "family terminology" for personal parts of the body, we aim to teach pupils correct medical terms from the Foundation Stage onwards. The following list of terms is used in SRE to refer to parts of the body, biological processes and stages of development.

*Adolescent*

*Baby*

Birth

Bladder

Breasts

Cervix Conception

Condom

Contraception

Egg

Embryo

Emotions

Erection

Facial hair

Fallopian tubes

Fertilise

Foetus

Gestation

Hormones

Labia

Menstrual cycle

Ova

Ovary

Ovulation

Penis

Period

Perspiration

Pregnancy

Puberty

Pubic hair

Nipples

Sanitary protection

Sperm

Testes

Testosterone

Umbilical cord

Urethra

Uterus

Vagina

Vulva

Womb

Agreed by Governors on\_\_\_\_\_

Chair of committee signature\_\_\_\_\_

