

Chief Executive Officer: Mrs Alison Nettleship  
Head of School: Mrs Rachel Dinnis  
Assistant Head of School: Mr Simon Wilkins

Friday 12th February 2021



Weston Mill Community Primary Academy  
Ferndale Road  
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Plymouth  
PL2 2EL  
Email: [westonmill.reception@discoverymat.co.uk](mailto:westonmill.reception@discoverymat.co.uk)

## Newsletter



Please follow us on our Weston Mill  
Community Primary Academy  
Facebook page.

### February Half-Term Monday 15th - Friday 19th February 2021

### Non Pupil Day Monday 22nd February

I would just like to thank you all for your support in getting through the past six weeks.

Engagement with you all has been fantastic and the team have worked hard to ensure calls and contact has been made.

As we all wait for the next announcement, please have a restful and safe half term. As soon as we know any more we will let you know.

Mrs Dinnis

Head of School

### Reporting test results over February Half Term

If a child tests positive for COVID-19, we are required to run a track and trace process and inform families and staff who have been in close contact with the confirmed case. We will continue to communicate with parents at the earliest opportunity whenever this happens. To support us with this over the early part of the February Half Term, if you receive a positive

Covid-19 test result you should inform us as soon as possible. Please email your child's school, using the following email: [westonmill.reception@discoverymat.co.uk](mailto:westonmill.reception@discoverymat.co.uk)

Thank you for understanding that every positive case takes us a considerable amount of time to investigate and resolve. We will respond to each case and communicate with you as quickly as possible, up to and including the **17th February**.

If your child tests positive for COVID-19 after the 17th February, please liaise with the NHS for track and trace. **We will not** be checking school emails from this date until we return to school. If your child needs to isolate over the half term and this extends to the start of term 4, please let us know on the first day back in school, **Tuesday 23<sup>rd</sup> February 2021**, that your child is absent.

### NEW FACEBOOK PAGE

We are very excited to announce the launch of our Weston Mill Community Primary Academy Facebook page. **A copy of the letter was emailed out this week and is also available on our school website.**

Earlier this year we sent out a letter about digital permissions online, this permission would include the Facebook site. **If you do not wish your child's achievements and school life to be recognised and shared in this way, please contact the school at:**

[westonmill.office@discoverymat.co.uk](mailto:westonmill.office@discoverymat.co.uk)



## SHOUT OUT!



Year 6 – Maddison G and Ronnie R great engagement all week.

Year 5 – Adelle C (who has also got her pen license), Kaitlin and Emily.

Year 4 – Educare children this week have been fab and considerate to adults in school.

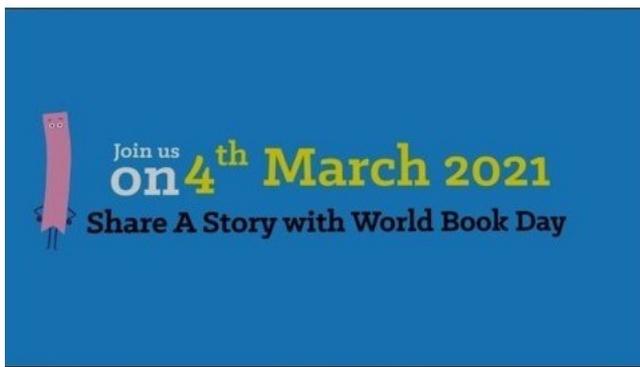
Year 3 – Jack R, Emily P, Oscar and Amelia L for great haikus.

Year 1/ 2 – Amelia H and Toby C.

Year Nursery/Foundation – Vihana has really shone this week.

## WORLD BOOK DAY

Coming up after half term – World Book Day.  
More information will follow...but be ready!



What will you read today?



## LUNCH PAYMENT REMINDER

**ALL SCHOOL LUNCHES MUST BE PAID FOR IN ADVANCE.**

Please ensure your child's Parent Pay lunch account is topped up and any amount owing cleared today for half term.

Please contact the school office if you need any assistance with your payments.

Thank you.

## BREAKFAST CLUB REMINDER

**ALL Breakfast club places MUST be booked online and paid for prior to attending please.**

Thank you



## FOOD HAMPER & WORK COLLECTION REMINDER

Food parcels and work packs will be available for collection after half term on Wednesday 24th February 11.30 - 12.30.



**Did you know you can still contact a SCHOOL NURSE in lockdown  
with:**



## Text us for advice on ChatHealth:

ChatHealth offers confidential help and advice via text messaging for parents and carers of 0-19 years and for young people aged 11-19yrs.

ChatHealth is available Monday-Friday 9am-5pm and automatic replies will be sent to messages received out of these hours. The ChatHealth service will be managed by Health Visitors and School Nurses who have received additional ChatHealth training.

The mobile numbers are:



Livewell ChatHealth 0-5 years Parents Service - 07480 635188

Livewell ChatHealth 5-19 years Parents Service - 07480 635189

Livewell ChatHealth 11-19 years Young Peoples Service - 07480 635198



## Your Fire Service needs YOU!



As we are still unable to visit our schools for the annual fire safety talks, we still want households with children to be aware of the importance of having working smoke alarms.

If you don't have working smoke alarms then you can call  
**0800 05 02 999** to request a **free HOME SAFETY CHECK**  
(quote code : 294)

And if you or someone you know answers "yes" to at least one of these questions:

- is over 65 years old?
- finds it difficult to move around?
- can't hear things very well?
- smokes?
- doesn't have one smoke alarm for each level of their home?
- has NO smoke alarms?

They can also request a free **HOME SAFETY CHECK** by calling **0800 05 02 999**

# Advice for parents/carers during coronavirus

It can be confusing to know what to do when your child is unwell during the coronavirus pandemic. Remember that the NHS is still providing safe care.

GP practices and hospitals have made changes to help reduce the risk of infection. Only one parent/carer will be able to attend A&E with their child. Please use the hand sanitisers provided, wear a face covering in enclosed spaces and maintain social distancing. **Remember: If your child is unwell, seek advice and medical attention.**

Here is some advice to help:



**RED**

## If your child has any of the following signs:

- Pale, mottled (blotchy) skin that feels unusually cold.
- Severe breathing difficulty – long pauses in their breathing, irregular breathing, starts going blue, or is too breathless to talk / eat / drink.
- A fit / seizure (unless these are expected).
- Becomes extremely distressed (crying for a very long time despite distraction), is confused, sleepy all the time and difficult to wake up or not responding even when awake.
- Has a rash that does not disappear when a glass is lightly pressed against the skin.
- Under 3 months of age with a temperature of 38°C / 100.4°F or above (unless fever in the 48 hours following vaccinations and no other RED or AMBER features).
- Pain in the testicles, especially in teenage boys.
- The child has seriously harmed themselves and needs medical help.
- **If you are frightened because your child looks very unwell.**

## You need urgent help:

Go to the nearest A&E department or call 999



**AMBER**

## If your child has any of the following signs:

- Finding it hard to breathe, including: drawing in of the muscles below their lower ribs, at their neck or between their ribs.
- Seems dehydrated (sunken eyes, drowsy or no wee passed for 12 hours).
- Becomes excessively sleepy or irritable (unable to settle with toys, TV, food or comfort) - especially despite their temperature coming down.
- Extreme shivering or muscle pain without an obvious explanation.
- Babies of 3 to 6 months of age with a temperature of 39°C / 102.2°F or above.
- Babies and children with a fever of 38°C or above for more than 5 days
- Constantly being sick.
- Constant or worsening tummy pain.
- Blood in the poo or wee.
- Increasingly thirsty and weeing more.
- Any injury of arms or legs causing reduced movement or persistent pain.
- Head injury causing constant crying or drowsiness.
- **Is getting worse or if you are worried.**

**Immediately contact your GP and make an appointment for your child to be seen that day or call NHS 111 - dial 111.**

During the coronavirus pandemic, at peak times, access to a healthcare professional may be delayed. If symptoms continue for 4 hours or more and you have not been able to speak to either a member of staff from your GP practice or to NHS 111, then consider taking them to your nearest A&E.



**GREEN**

## Your child has none of the RED or AMBER signs above, care for them at home but watch for any new signs developing:

- If your child has any symptoms that might be COVID-19 (high temperature, new continuous cough or loss of taste/smell) arrange for them to be tested via the NHS testing website or by calling 119.
- You, and anyone in your support bubble, must remain at home until your child's test results are back.
- If your child has been burned, visit <https://safetea.org.uk/first-aid/> for first aid advice and for information about when to seek medical attention.

## Continue providing your child's care at home.

If you are still concerned about your child, contact NHS 111 - visit [111.nhs.uk](https://111.nhs.uk) or dial 111.



**MENTAL HEALTH**

- If you are worried and your child is known to child or adolescent mental health services (CAMHS), please contact them.
- If your child needs urgent mental health support or advice, visit <https://www.nhs.uk/service-search/mental-health> for local services and 24/7 urgent helplines, or text SHOUT to 85258
- If you notice any self-harm injuries on your child, please contact the NHS 24/7 Mental Health online support (visit [www.nhs.uk/using-the-nhs/nhs-services/mental-health-services/where-to-get-urgent-help-for-mental-health/](https://www.nhs.uk/using-the-nhs/nhs-services/mental-health-services/where-to-get-urgent-help-for-mental-health/)) or your GP.
- If you are worried about an eating problem/disorder, contact BEAT (visit <https://www.beateatingdisorders.org.uk/support-services/>) or your GP.
- Helpful advice is also available at Every Mind Matters (<https://www.nhs.uk/oneyou/every-mind-matters>) and MindEd for Families (<https://www.mindedforfamilies.org.uk/>).